

meaningful impact.  
measured.



## HEALTH Area—Senior Independence Fact Sheet 2011-2012

### HEALTH Community Outcomes

(Benchmark Data: June 2011—May 2012)

The Community Outcomes Project is designed to collectively measure outcomes in specific issue areas. The end result will be that programs addressing similar issues will be able to use the same measurement tool and indicators to better track results across the community over time.

United Way collaborated with its program partners in the area of Senior Independence to define common outcomes and indicators. Four programs provide services to seniors participated.

This report presents benchmark data collected in the first year of the HEALTH — Senior Independence Community Outcomes Project. The collection of benchmark data allows United Way an opportunity to begin to identify trends as they occur over time and to gauge the impact of United Way funded programs in our community.

#### HEALTH PRIORITY AREA

Char-Em United Way focuses on **improving people's health.**

By supporting programs that help senior citizens remain safe and healthy in their homes, we ensure that **Seniors and people with disabilities maximize their self-sufficiency.**

United Way funds provided support for senior help and companion programs, meals on wheels, and adult day services.

As the data indicate, the programs supported by Char-Em United Way are making a significant positive impact on seniors' self sufficiency.

### HEALTH - Outcomes

#### CLIENT WELL-BEING

- 72% Felt the program helped them maintain their **independence**
- 59% Clients reported **decreased feelings of isolation**
- 84% Felt the program aided in ability to **stay in home**
- 84% of clients' **health has improved** or remained stable
- 67% Clients **decreased stress** levels

#### CAREGIVER WELL-BEING

- 93% of Caregivers **decreased stress** levels
- 98% of Caregivers' **health has improved** or remained stable

